

GIVE COMPLIMENT CARDS

YOU WILL NEED:

- A4 sheet of card or paper
- Coloured pencils and pens
- Scissors



A compliment is an expression of admiration or praise towards someone. Think about what you feel when someone says something nice to you. It feels good, doesn't it?

However, often we notice or appreciate positive qualities about another person but don't tell them. Making and giving compliment cards is a good way of helping another person to feel good!

HOW TO DO IT:

1 Divide your sheet of card or paper into 12 equal-sized boxes (to make 12 compliment cards).

2 Decide on what compliments you want to give out, such as "I love your smile!"; "You're amazing!"; "You're a great sister!".



3 Write your compliments onto your cards (you can use the same words on several cards).

4 Decorate your cards so that they are colourful.

5 Cut the cards out.

6 Give them to the people you want to compliment.

7 If you feel brave, say the compliment to them as you give them the card.

8 You may want to keep some cards in your pocket, ready to give when you spot someone you want to give a compliment to!

